

MELODIC PATHWAYS

The 5 Landmarks

A 20-Minute Fretboard Map

Stop feeling lost on the neck. Five colored landmarks turn all 24 frets into a map you can actually see, hear, and play.

A free guide from Doug — Melodic Pathways guitar coaching

Every Solo Answers Four Questions

If you can answer these, you are never lost on the fretboard.

I Where am I?

Know your home base and the landmark you are standing in.

2 What am I hearing?

Connect the sound in your ear to a place on the neck.

3 What do I play next?

See the next landmark and the path to reach it.

4 How do I make it feel musical?

Add rhythm, motion, and phrasing — not just notes.

Landmarks

Introducing the Landmark's



-  Gateway
-  Albert King Box
-  BB Box
-  Connection Zone
-  Freedom Zone

How to Read Your Map

Five landmarks. Each one has a color, a shape, and a name — so you can find it three different ways.



Landmark 1 — Gateway

Your home base. The first box you learn.



Landmark 2 — Extended Spot

The Albert King box. Reaches up the neck.



Landmark 3 — Sweet Spot

The BB box. Where the vocal, crying notes live.



Landmark 4 — Connection Zone

The bridge that links the boxes together.



Landmark 5 — Freedom Zone

The top of the map. Move anywhere with intention.

Landmarks

1st L.M. - Gateway



Landmarks

2nd L.M. - Extended Box (Albert King)



Landmarks

3rd L.M. - Sweet Box (BB Box)



Landmarks

4th L.M. - Connection Box



5th L.M. Freedom Zone



Your 20-Minute Routine

Six steps. One landmark at a time. This is how every Melodic Pathways lesson flows.

I

Sound first 3 min

Play a backing track. Just listen and feel the key before you touch a note.

2

Find the pulse 3 min

Tap your foot. Lock onto beat one so everything you play has a home.

3

One clear target 4 min

Pick a single landmark. Find its root note and say it out loud.

4

Put it on the map 4 min

Play only that landmark's notes. See the shape, the color, the place.

5

Apply to music 4 min

Improvise short phrases inside that one landmark over the track.

6

End with one task 2 min

Choose tomorrow's single landmark. Stop while it still feels good.

Ready for a Map Built Around You?

Bring the part that feels stuck. Leave with one clear next direction.

- A focused, 60-minute private online session
- A practical pathway built around the music you want to play
- Your next landmark and a practice direction you can sustain

Book a \$90 Clarity Session

dougvb.music/lessons